



#### IMPORTANT NOTICE

This presentation contains factual information and general advice only. It has been prepared without taking into account your objectives, financial situation and needs. You should consider whether it is appropriate having regard to your personal circumstances before making any financial decisions.

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THE MONEY MINDSET FRAMEWORK



HOW TELSTRASUPER CAN ASSIST



**COMMON TRAPS** 



**QUESTIONS** 



WHERE TO FROM HERE

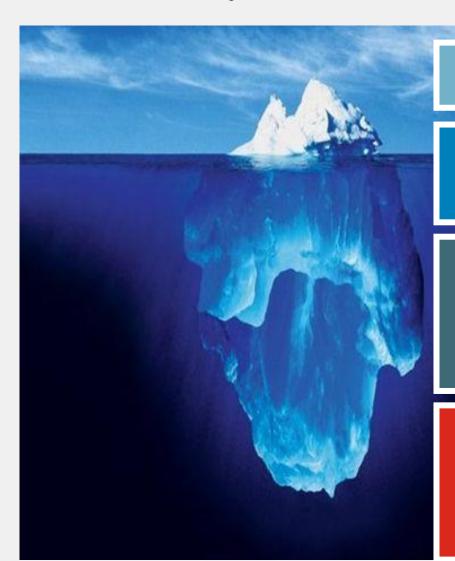


THE MONEY MINDSET FRAMEWORK



## The money mindset framework





"What" - account balance, asset/liabilities, cashflow, budget

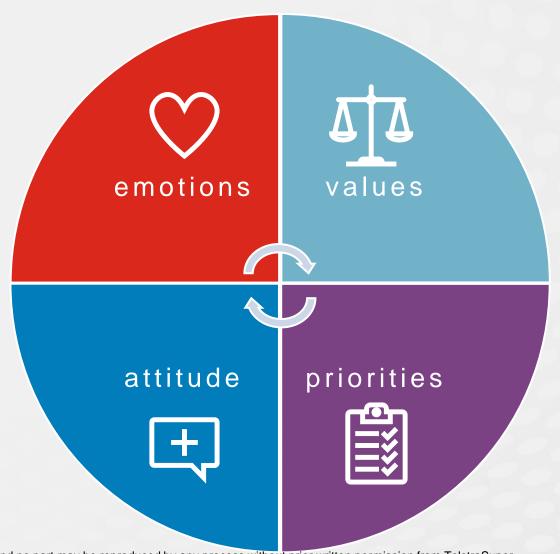
"How" - strategies, methodologies, plans, processes

**Money mindset** — values, behaviour, psychology

Self-awareness

# Discover your money attitude





# Exercise – questions to ask yourself



Who taught you about money?



What do you spend money on?

Was it your family, school, a partner, friends? Or maybe no one?





What would you never spend money on?

Was that experience positive and uplifting or not?



How have your early experiences with money influenced how you feel now?

Do you have role models for managing money?





When it comes to money, what are you in control of?

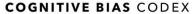


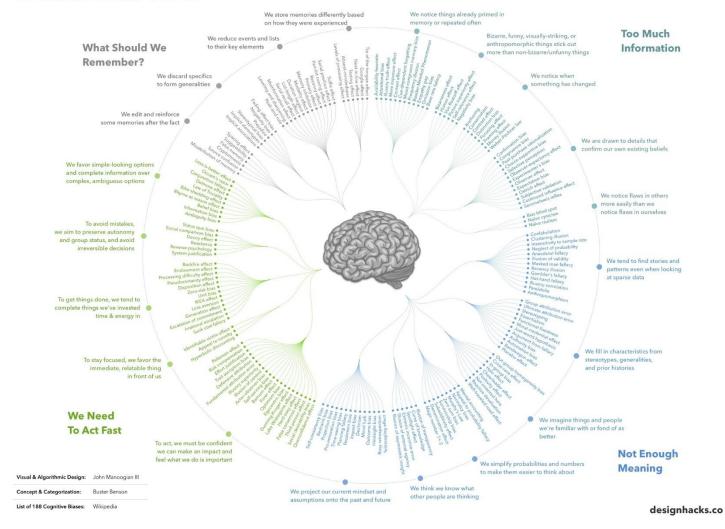
**COMMON TRAPS** 



#### Behavioural bias

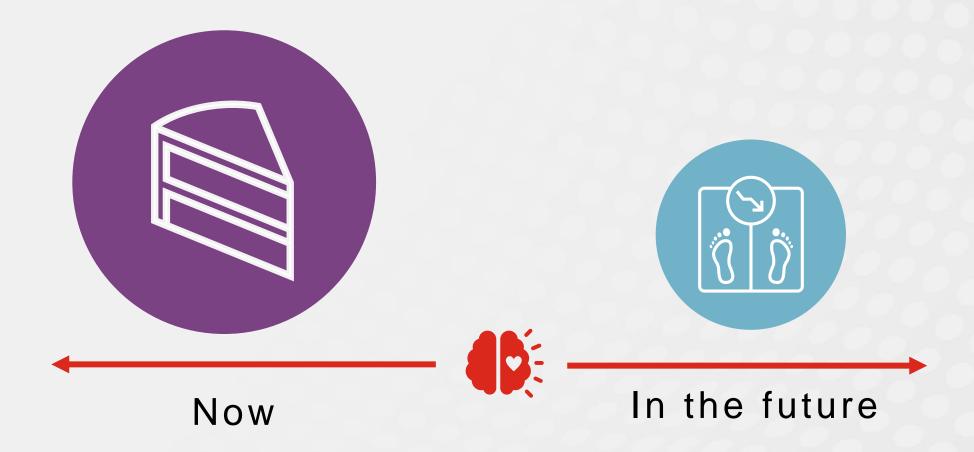






#### Present bias

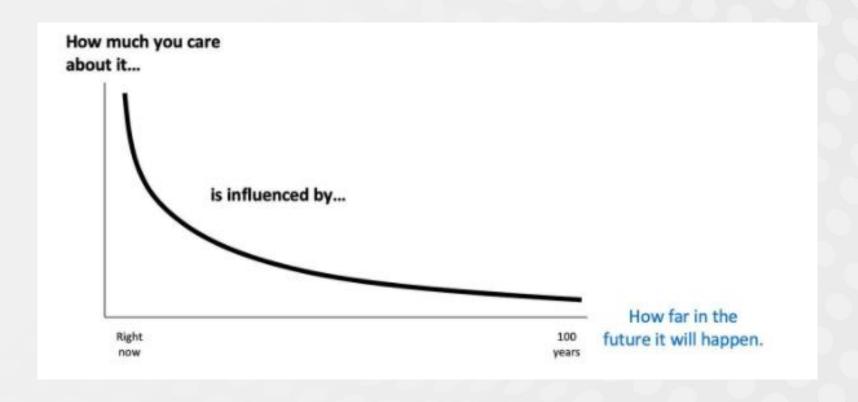




#### Present bias



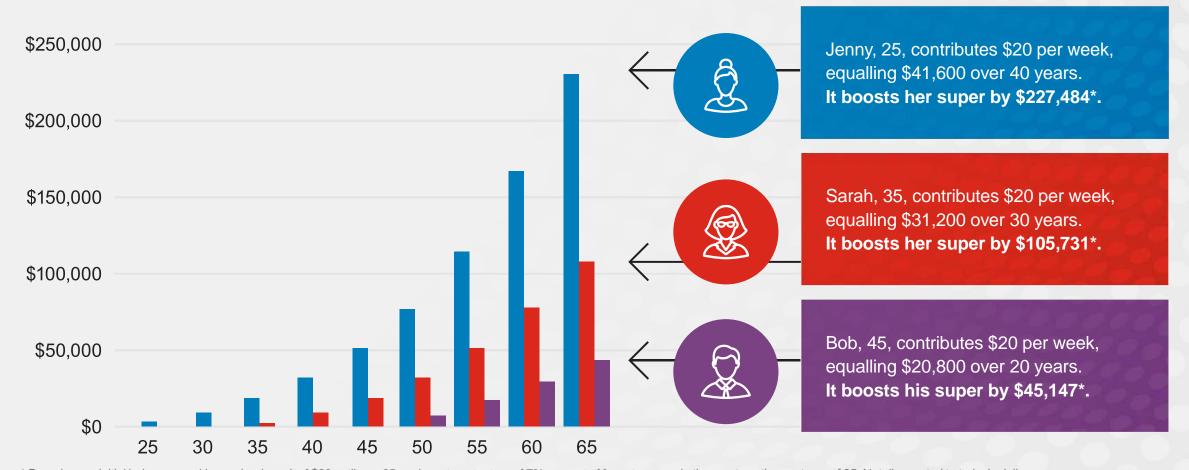
Human tendency for immediate gratification rather than waiting around for future benefits.



Picture from www.morningstar.com.au/learn/article/smart-shortcuts-the-present-bias-booby-trap/195798

# Example – saving for retirement





<sup>\*</sup> Based on no initial balance, weekly regular deposit of \$20 until age 65, an investment return of 7% p.a. net of fees, taxes and other costs, retirement age of 65. Not discounted to today's dollars.

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# Would you take this bet?

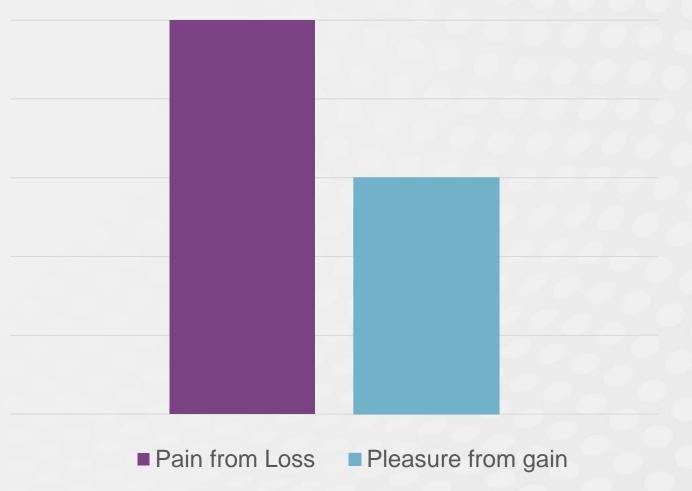
Let's say I flip a coin. If it's heads, you win \$10. If it's tails, you lose \$10.



#### Loss aversion



A real or potential loss is perceived by individuals as psychologically or emotionally more severe than an equivalent gain.



Reference: kenthendricks.com/loss-aversion/

# Sunk cost fallacy



Continue an action because of past decisions

Rather than a rational choice to maximise utility





Source: www.economicshelp.org/blog/27047/economics/sunk-cost-fallacy/



WHERE TO FROM HERE



#### Where to from here



#### Be self-aware



# Have a roadmap



# Prepare for uncertainty



# Create a budget that works



1. Add up your income



2. Workout your expenses



3. Set up your budget



4. Review your budget

- Your regular pay
- · Any side income
- Investment earnings such as rental income or dividends from shares

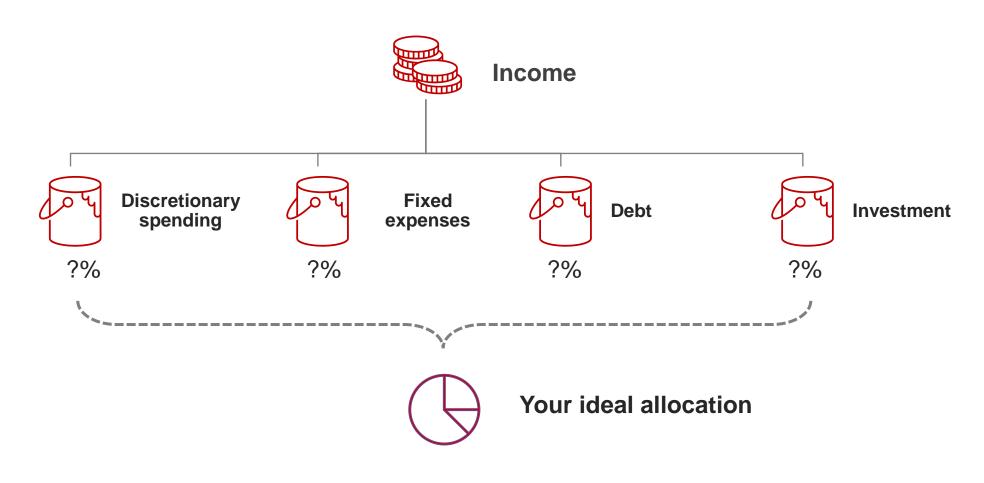
- Fixed expenses,
   e.g. home loan
   repayments, utilities,
   transport costs,
   school fees, etc.
- Discretionary expenses, e.g. dining out, entertainment, etc.

 Automate cashflow to reduce your reliance on willpower

- You get a new job or promotion
- You're made redundant
- You get married or divorced
- You buy a house
- You have a baby

## Automate your cashflow – the bucket method







What have you discovered about your money mindset?





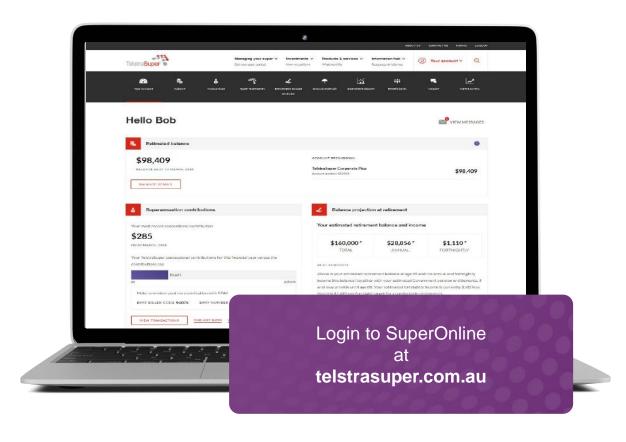
**HOW TELSTRASUPER** CAN ASSIST



# SuperOnline



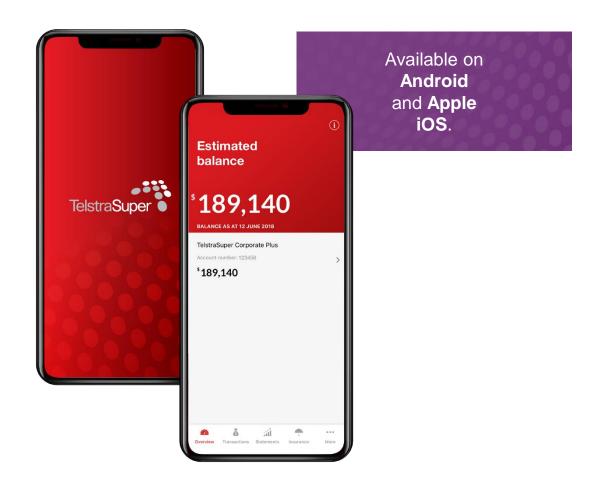
- Update your email address and personal details
- Check your account balance
- Review your insurance cover
- View your nominated beneficiaries
- Make a non-binding nomination
- Review your investment options
- Pre-tax contributions against the concessional contributions cap
- Benefit statements
- Latest contributions



# TelstraSuper app



- Estimated account balance
- Investment options, allocation of units and investment returns
- Latest contributions
- Pre-tax contributions against the concessional contributions cap
- Benefit statements
- Insurance cover
- Transactions
- Oigital Member Card
- Contact TelstraSuper



# Telstra Super

# Retirement projector



## Four advice services to empower you





**SUPER** sorter

Simple phone advice and info to max your super.



STEP it up

Want to take that next step with your super or finances? We'll find you a simple solution.



BIG picture it

Let's check out your whole financial situation and make a plan.



STAY on track

Ongoing expert coaching on super and wealth.

We'll nudge and encourage you, keeping you on track as life changes.

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# Happy to answer your questions.



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Profits back to you



Strong long-term performance



Simple advice on you super



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